

LET'S START HERE

How many of you have ever **said one of these?**

"Hindi ako magaling magsalita."

"Mahiyain ako."

"Hindi ako leader."

"Hindi ako pang-business."

"Ganito na ako. Hindi na ako magbabago."

"Baka hindi talaga ito para sa akin."



**None of those statements
describe your future.**

**They only describe your current
level of training.**

WHAT'S IN IT FOR YOU

Your brain is **designed to grow.**

- ◆ Your confidence can grow.
- ◆ Your leadership can grow.
- ◆ Your income can grow.
- ◆ Your dreams can grow.

If your brain can grow — everything else can too.



A photograph of a person driving a car, seen from the side. The driver's hands are on the steering wheel. The background shows a road and trees, slightly blurred. The text "Who here knows how to drive?" is overlaid in the center. The word "drive" is highlighted in a light green color.

**Who here knows
how to drive?**

THE FIRST TIME YOU DROVE...

**You had to consciously think
about everything.**

Brake

Gas

Mirror

Signal

Steering wheel

Pedestrians

Gear

**Now you drive without
thinking. So what changed?
Did someone give you a new brain?
No. Your brain learned.**

NOW THE SAME QUESTION, IN BUSINESS

Who was nervous during their **first presentation?**

- Were you still nervous by your 20th?
- What about your 100th?

So the problem **was never you.**





TODAY'S SESSION

Your Brain Is Not Your **Destiny**

How your daily action rewires you into the
person your dream requires.

A woman with dark hair tied back is seen in profile, looking out of a window. The room is dimly lit, with light coming from the window, creating a contemplative mood. The text is overlaid on the image.

PART ONE

**Current ability is not
permanent identity.**

Confusing where you are today with **who you'll always be.**

"I am shy."

"I am weak."

"I am not a leader."

"I am poor."

"I am bad at speaking."

Those aren't identities. They're descriptions of today's skills.



A silhouette of a person walking away from the camera down a dirt path in a dense forest. The sun is low on the horizon, creating a warm, golden glow that filters through the trees. The person is wearing a long coat or jacket. The overall mood is contemplative and hopeful.

**Today's version of you is not
tomorrow's version of you.**



PART TWO

**Your brain is built
to change.**

Neuroplasticity

Neuro means brain.

Plasticity means the ability to change or be molded.

Your brain can **physically change, adapt, and become better** — based on repeated experience and practice.

Scientists used to believe the brain **stopped changing.**

Now we know that isn't true. Your brain keeps changing your whole life — every time you...

Learn

Practice

Repeat

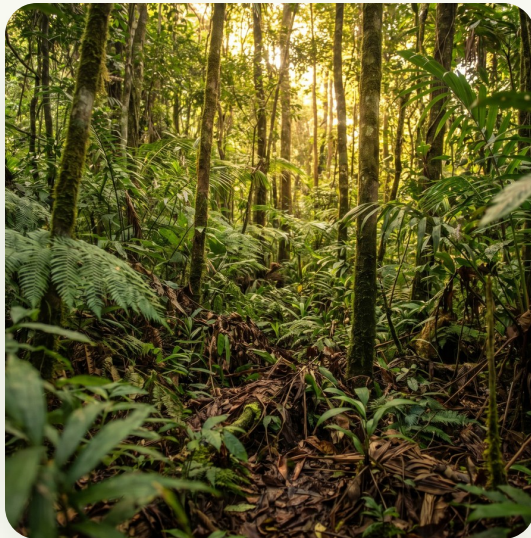
Make mistakes

Try again

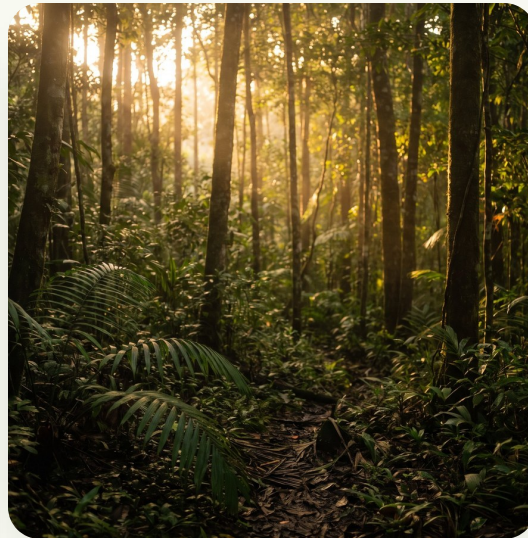
Your brain is literally building stronger connections.



Imagine a **thick jungle**.



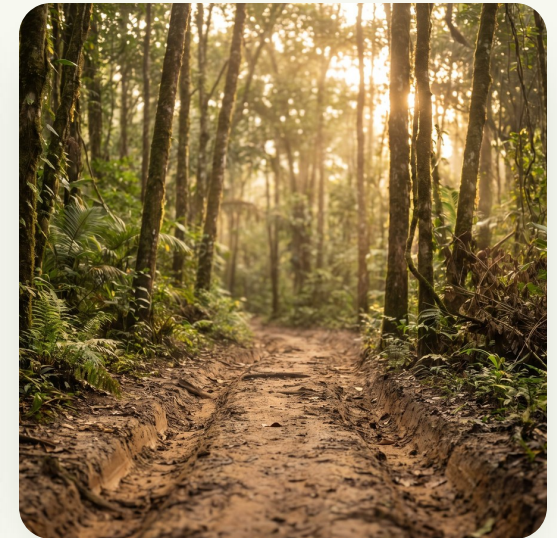
1 The **first person** struggles — there is no path.



2 The **second person** finds it slightly easier.



10 The **tenth person** makes the path obvious.



∞ Eventually, **everyone naturally follows it**.



**Every repeated action
creates a pathway.**

The more you repeat it, the stronger and easier it becomes.

**That's why habits exist. That is
NEUROPLASTICITY.**

✦ ACTIVITY — GROUP INTO FOUR

Born or Built?

Confidence

Leadership

Selling

Public Speaking

Swimming

Driving

Reading

Playing Piano

Listening

Negotiating

Business

Empathy

Sort them into two columns. You have five minutes.

A craftsman wearing a brown leather apron is working on a wooden piece on a workbench. The workbench is cluttered with wood shavings, a metal file, and several spools of thread. A desk lamp is visible on the right side of the frame, casting a warm glow over the workspace.

Almost everything is BUILT.

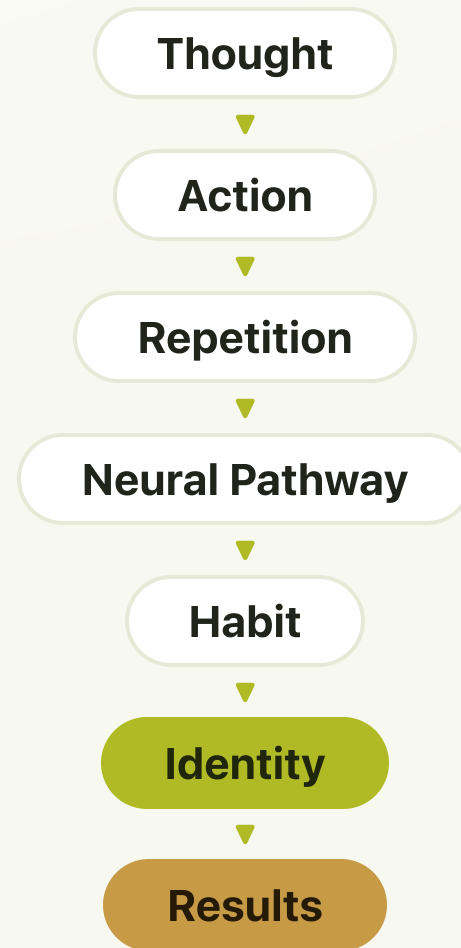
**So why do we still say — “Hindi ako
marunong kumausap”?**



PART THREE

The Brain **Formula.**

PART 3 · HOW A PERSON IS ACTUALLY BUILT



Results don't create identity. Identity creates results.

WHAT PEOPLE BELIEVE

Results create identity.

WHAT ACTUALLY HAPPENS

Repeated actions create identity.
Identity creates results.

A photograph of four women of Asian descent celebrating on a rooftop terrace at dusk. They are all smiling and clapping. The woman on the far left is wearing a black blazer. The woman next to her is wearing a light-colored blazer. The woman in the center is wearing a dark blazer and has her arms around the woman next to her. The woman on the far right is wearing a light-colored blazer. In the background, there are green plants and a city skyline with tall buildings under a warm, golden light.

PART FOUR

**Confidence is earned
through evidence.**

♦ ACTIVITY · THE CONFIDENCE BANK

On a clean sheet of paper, estimate...

Presentations you have done

Follow-ups you have made

Rejections you have survived

Product stories you have told

Invitations you have given

Your brain believes what you repeatedly prove.

THE BIGGEST PERSPECTIVE SHIFT

**"I need confidence
before I work."**

Wrong.

**You don't work because you're
confident. You become confident
because you worked.**



Same event. **Different wiring.**

"Na-reject ako."



"Naka-complete ako ng 1 STP."

"Nakalimutan ko ang sasabihin ko."



"Alam ko na kung ano ang dapat kong ulit-ulitin."

"Kinakabahan ako."



"Natututo na ang isip ko."

"Wala pa akong na-sponsor."



"Kulang pa ang ulit-ulit ko."



PART FIVE

**Connect it to
your dream.**

♦ ACTIVITY · CLOSE YOUR EYES

Imagine yourself five years from now...

Healthy.

Financially
free.

Helping
hundreds.

In your dream
house.

Traveling
with family.

Leading
thousands.

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**Did that version of you succeed because
confidence suddenly appeared?**

**Or because you kept showing up even when
you weren't confident?**



What would **Future You ask
Present You to do tomorrow
morning?**

An axe is embedded in the trunk of a large, moss-covered tree in a misty forest. The scene is dimly lit with a warm, golden light filtering through the trees in the background. The axe has a dark wooden handle and a metal head. The tree trunk is thick and textured with moss. The forest floor is covered in fallen leaves and branches.

A STORY

The 101st swing.

THE STORY

Two men chopping down a **huge tree**.

- ◆ The first 100 swings don't make it fall.
- ◆ The 101st swing finally does.

Which swing **cut down the tree?**



All of them.

The last swing only revealed what the previous 100 had
already accomplished.

None of them seem life-changing **by themselves.**

- ◆ Every presentation matters.
- ◆ Every follow-up matters.
- ◆ Every rejection matters.
- ◆ Every training matters.
- ◆ Every conversation matters.

Together...they change you.

Your business is building **two things at once.**

YOUR ORGANIZATION

This creates the **income.**

- ✗ Focus only on money...
- ✗ and you'll quit too early.

YOUR BRAIN

This creates the **person capable of sustaining it.**

- ✓ Focus on who you're becoming...
- ✓ and you'll stay long enough for the money to come.

For 30 days, don't measure income. **Measure your repetitions.**

- 1 **Meaningful conversations** — how many today?
- 2 **Business presentations** — how many today?
- 3 **Follow-ups** — how many today?
- 4 **One uncomfortable action** you completed.
- 5 **One lesson** your brain learned today.

EVERY NIGHT, ONE SENTENCE

"Today I rewired my brain by..."

...making two follow-up calls even though I was nervous.

...doing my first product presentation.

...asking for a referral.

...speaking in front of five people.

Activity is transformation — not just transaction.



THE DECLARATION · SAY IT WITH ME

I refuse to let my current ability define my future.

My brain is learning.

My confidence is growing.

My leadership is growing.

Every presentation strengthens me.

Every rejection trains me.

THE DECLARATION · CONTINUED

Every conversation rewires me.

I will not wait until I feel ready.

I will work until I become ready.

My work is building more than my business.

My work is building me.

My brain is not my destiny. My daily choices are.

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Your dream isn't waiting for a more talented version of you.

Your dream is waiting for the version of you willing to repeat the right actions long enough for your brain to become the person capable of achieving it.



My brain is not my destiny.
My daily choices are.

Thank **you.**

To God be the Glory.

